



CONTRA COSTA BALLET

RAISING THE BARRE FOR OVER 50 YEARS

Summer Program

June 29th – July 24th, 2020

The Contra Costa Ballet Centre's Summer Program offers classes for all levels (Pre-Ballet through Advanced) and a special, Summer Intensive specifically designed for Levels 3 through Advanced students. The Summer Intensive features an extensive curriculum delivered by a highly-developed faculty with years of experience both as dance educators and performers. The directors, and many of the faculty, have worked with the most prestigious ballet institutions in the U.S., including American Ballet Theatre, New York City Ballet, and San Francisco Ballet.

The students follow a Russian-based, yet truly American syllabus. The curriculum consists of ballet technique, pointe, boys' class, classical variations, contemporary variations, character, modern, Flamenco, physical conditioning, anatomy (with Pilates-based exercises), and repertoire (which culminates in a workshop performance for Levels 3 - Advanced). This challenging program is offered with encouragement and individual attention within a nurturing environment.

Private instruction is available upon request.

DIRECTORS

Richard Cammack – American Ballet Theatre, San Francisco Ballet

Zola Dishong – American Ballet Theatre, San Francisco Ballet

FACULTY

Charles Anderson – New York City Ballet, Company C Contemporary Ballet

Emily Borthwick – The Royal Ballet School, Royal Academy of Dance

Shannon Bresnahan – Munich Ballet, San Francisco Ballet School

Mercedes David Sheets – San Francisco Ballet

Amy DeLong-Martin (Modern) – Elinor Coleman, Stephan Koplowitz, Nancy Meehan (New York)

Sherri LeBlanc – New York City Ballet, San Francisco Ballet

Meghann Oakes Rust, DPT (Anatomy) – Dignity Health Center for Sports Medicine

Milissa Payne Bradley – Oakland Ballet, Liss Fain Dance, Milissa Payne Project

Katarina Wester – Royal Swedish Ballet, Royal Conservatory of The Hague

Yaelisa (Flamenco) – Caminos Flamencos

AUDITION

Prospective students may audition by one of the three methods listed below. Notification of audition decisions will be made via e-mail within ten days following audition.

- **Group Audition:** Sunday, February 23rd, 2020 **1:30 – 2:45pm (9-12 years old)**
3:00 – 4:30pm (13-19 years old)

Auditions will be held at the Contra Costa Ballet Centre: 2040 N. Broadway, Walnut Creek. There is an audition/application fee of \$25. Please bring a full-body photo (in ballet attire, position of dancer's choice). Registration is received on a walk-in basis and begins thirty minutes prior to audition. Students should wear standard, classical ballet attire (see "Dress Code", next page).

- **DVD Auditions:** Submit via mail a 10-minute DVD, application form, personal or cashier's check payable to "Contra Costa Ballet Centre" in the amount of \$25, and the following photographs: 1st Arabesque, side view, develop a la seconde en face, attitude in effeche, pose of your choice. Application forms may be requested by calling (925) 935-7984 or emailing school@contracostaballet.org.
- **Individual Auditions:** Dancers are highly encouraged to attend the group audition on the date listed above; however, individual auditions may be scheduled beyond this date through the School Administrator at (925) 935-7984.

DRESS CODE

Ladies: Black leotard, pink tights, pink ballet shoes; no dangling jewelry; hair in a neat bun. Short, classical ballet skirt may be worn in Classical Variations class.

Men: Black tights and shoes, white t-shirt (stretch), waistband belt.

A yoga mat is required for Physical Conditioning classes (Levels 4 - Advanced).

PERFORMANCE & OBSERVATION

On Friday, July 24th, the Summer Intensive ends with a workshop performance for all Level 3 through Advanced (Level 6/7) students who attend the full program. The students perform selected pieces from their repertoire classes. The workshop performance provides a wonderful finale for both dancers and guests. Parents of Level 1 through 2 students may observe their child's class on their last day of classes.

STUDENT EVALUATIONS

New students will be observed throughout the Summer Program for consideration of acceptance and placement into Contra Costa Ballet's year-round program. Notification of placement decisions will be given during the last week of classes.

TUITION & FEE SCHEDULE

<u>Class</u> <u>Level</u>	<u>Classes</u> <u>Per Week</u>	<u>4-Week Tuition Rate</u>	
		<i>If registered by 3/31/20</i>	<i>If registered after 3/31/20</i>
Level 1	4	\$255	\$275
Level 2	4	\$275	\$300
Level 3	10	\$775	\$800
Level 4	15	\$925	\$1,000
Level 5	17	\$1,100	\$1,200
Advanced (Levels 6/7)	17	\$1,200	\$1,300

New students must also include with their tuition a one-time, registration fee of \$25 for Levels 1 – 3; \$50 for Levels 4 – Advanced.

REGISTRATION

In order to qualify for the lowest tuition rate per the Tuition & Fee Schedule above, registration requests and a minimum, one-half tuition deposit must be received by March 31st. Registration requests received after this date will be processed at the higher tuition rate. Tuition balances are due by June 1st.

TUITION PRORATION & MAKE-UP CLASSES

Students are strongly encouraged to register for the full, four-week session; however, tuition may be prorated at the time of registration to discount one week's tuition for planned absences of one week or more. Absences of less than one week are eligible to be made up in a class level lower than that of the student.

REFUNDS

Once classes have begun, tuition is non-refundable except in the event of documented illness or injury necessitating absence of ten days or more. If a student withdraws prior to the first day of classes, 25% of the full tuition amount will be retained as a cancellation fee and the balance refunded.

SCHOLARSHIPS

In order to encourage young men, the Contra Costa Ballet Centre offers one-half tuition scholarships to its male students. The Contra Costa Ballet Foundation also awards scholarships to students in advanced-level students who demonstrate both a high potential for ballet and financial need. Further information can be obtained through the School Administrator at (925) 935-7984 or school@contracostaballet.org.

SUMMER PROGRAM CLASS SCHEDULE

(Anticipated schedule as of 2/4/20. Schedule and instructors subject to change.)

<u>CLASS</u>	<u>SCHEDULE</u>	<u>CURRICULUM</u>	
Level 1	Tuesday	2:45 – 4:00	Technique
	Tuesday	4:00 – 4:30	Character
	Thursday	2:45 – 4:00	Technique
	Thursday	4:00 – 4:30	Character
Level 2	Tuesday	4:00 – 4:30	Character
	Tuesday	4:45 – 6:15	Technique
	Tuesday	6:15 – 6:45	Boys' Class
	Thursday	4:00 – 4:30	Character
	Thursday	4:45 – 6:15	Technique
Level 3	Monday	2:15 – 3:45	Technique
	Monday	4:00 – 5:00	Repertoire
	Tuesday	3:00 – 4:30	Technique
	Tuesday	4:45 – 5:30	Character
	Wednesday	2:15 – 3:45	Technique
	Wednesday	4:00 – 5:00	Repertoire
	Thursday	3:00 – 4:30	Technique
	Thursday	4:45 – 5:30	Character
	Friday	3:30 – 5:00	Technique
	Friday	5:15 – 6:15	Repertoire
Level 4	Monday	2:15 – 3:45	Technique
	Monday	4:00 – 4:30	Pointe
	Monday	5:00 – 6:00	Modern
	Tuesday	1:45 – 2:30	Physical Conditioning
	Tuesday	2:45 – 4:15	Technique
	Tuesday	4:30 – 5:30	Repertoire
	Wednesday	2:15 – 3:45	Technique
	Wednesday	4:00 – 4:30	Pointe
	Wednesday	5:00 – 6:00	Flamenco
	Thursday	1:45 – 2:30	Physical Conditioning
	Thursday	2:45 – 4:15	Technique
	Thursday	4:30 – 5:30	Repertoire
	Friday	1:15 – 2:45	Technique
	Friday	3:00 – 3:30	Pointe
	Friday	2:45 – 3:30	Boys' Class
Friday	4:30 – 5:30	Repertoire	
Level 5	Monday	11:30 – 1:00	Technique
	Monday	1:15 – 2:15	Pointe
	Monday	3:00 – 4:00	Modern
	Tuesday	10:00 – 10:45	Physical Conditioning
	Tuesday	11:00 – 12:30	Technique
	Tuesday	12:45 – 1:30	Pointe
	Tuesday	2:00 – 3:00	Repertoire
	Wednesday	11:30 – 1:00	Technique
	Wednesday	1:15 – 2:15	Pointe
	Wednesday	3:00 – 4:00	Flamenco
	Thursday	10:00 – 10:45	Physical Conditioning
	Thursday	11:00 – 12:30	Technique
	Thursday	12:45 – 1:30	Pointe
	Thursday	2:00 – 3:00	Repertoire
	Friday	11:30 – 1:15	Technique
Friday	2:30 – 3:15	Classical Variations	
Friday	2:45 – 3:30	Boys' Class	
Friday	3:30 – 4:30	Repertoire	
Advanced Level	Monday	10:15 – 11:15	Physical Conditioning
	Monday	11:30 – 1:00	Technique
	Monday	1:15 – 2:15	Contemporary Variations
	Monday	4:00 – 5:00	Modern
	Tuesday	10:00 – 11:30	Technique
	Tuesday	11:45 – 12:45	Classical Variations
	Tuesday	1:30 – 2:30	Repertoire
	Wednesday	10:15 – 11:15	Physical Conditioning
	Wednesday	11:30 – 1:00	Technique
	Wednesday	1:15 – 2:15	Pointe
	Wednesday	4:00 – 5:00	Flamenco
	Thursday	10:00 – 11:30	Technique
	Thursday	11:45 – 12:45	Classical Variations
	Thursday	1:30 – 2:30	Repertoire
	Friday	10:00 – 11:30	Technique
Friday	11:45 – 12:45	Pointe	
Friday	1:30 – 2:30	Repertoire	