



CONTRA COSTA BALLET

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MONDAY			TUESDAY			WEDNESDAY		THURSDAY		FRIDAY	
					9:00 - 10:00 Open Cond, EB						
10:30 - 11:45 Adv, SB	10:30 - 11:45 3, MDS	10:30 - 11:45 1/2, EB	10:30 - 11:45 Adv, SB	10:30 - 11:45 3, MDS	10:30 - 11:30 Open Beg-Int, EB	10:30 - 11:45 Adv, SB	10:30 - 11:45 1/2, EB	10:30 - 11:45 Adv, EB	10:30 - 11:45 3, MDS	10:30 - 11:45 Adv, EB	10:30 - 11:45 3, MDS
12:00 - 12:45 Adv Pte, SB	12:00-12:30 3 Cond, MDS	12:00-12:30 1/2 Char, EB	12:00 - 12:45 Adv Pte, SB	12:00-12:30 3 Char, MDS		12:00 - 12:45 Adv Pte, SB	12:00-12:30 1/2 Char, EB	12:00 - 12:45 Adv Pte, EB	12:00-12:30 3 Char, MDS	12:00 - 12:45 Adv Pte, EB	12:00-12:30 3 Cond, MDS
1:15 - 2:00 Adv Pil Mat, AD		12:45-1:15 1-3 Boys, EB	1:15 - 2:00 Adv Flamenco, Y			1:15 - 2:00 Adv Anatomy, MO		1:15 - 2:00 Adv Flamenco, Y		1:15 - 2:00 Adv Mod/Str, AD	
	2:00 - 3:15 4, SL			2:00 - 3:15 4, SL					2:00 - 3:15 4, SL		2:00 - 3:15 4, SL
	3:30-4:00 4 Pte, SL			3:30-4:00 4 Pte, SL					3:30-4:00 4 Pte, SL		3:30-4:00 4 Pte, SL
	4:30 - 5:15 4 Pil/Str, AD			4:30 - 5:15 4 Flamenco, Y					4:30 - 5:15 4 Flamenco, Y		4:30 - 5:15 4 Pil/Str, AD

Class Key:
 Adv = Advanced
 Anatomy = Anatomy
 Beg-Int = Beginning-Intermediate
 Boys = Boys' Class
 Char = Character
 Cond = Physical Conditioning
 Elec = Elective*
 Flamenco = Flamenco
 Mod = Modern
 Pil = Pilates Mat Class
 Pte = Pointe
 Str = Stretch

Faculty Key:
 AD = Amy DeLong-Martin
 EB = Emily Borthwick
 MD = Mercedes David Sheets
 MO = Meghann Oakes Rust
 SB = Shannon Bresnahan
 SL = Sherri LeBlanc
 Y = Yaelisa

*Elective class examples: Flamenco, Modern, Pilates mat class
 (Schedule as of 6/28/20; subject to change.)

SUMMER PROGRAM 2020

Online Class Schedule

July 6th - July 31st