



CONTRA COSTA BALLET

RAISING THE BARRE FOR OVER 50 YEARS

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[contracostaballet.org](http://contracostaballet.org)

# Fall & Spring 2022 - 2023 Class Schedule\*

August 15th - June 4th

Monday		
A	B	C
10:30 - 12:00 <b>Open Int</b> <i>ES</i>		
4:00 - 5:30 <b>3</b> <i>EB</i>	4:00 - 5:30 <b>2 &amp; Char</b> <i>SL</i>	
5:45 - 7:30 <b>6 &amp; Co</b> <i>SB/IF</i>	5:45 - 7:30 <b>5</b> <i>EB</i>	6:30 - 8:00 <b>Open Beg</b> <i>HS</i>
7:30 - 8:30 <b>6&amp;Co Pte,SB/IF</b>	7:30 - 8:30 <b>5 Pte, EB</b>	

Tuesday		
A	B	C
9:00 - 10:15 <b>Open Cond, EB</b>		
10:30 - 12:00 <b>Open Beg-Int, EB</b>		
4:30 - 6:00 <b>5</b> <i>ES</i>	4:00 - 6:00 <b>4</b> <i>YK</i>	4:00 - 5:00 <b>Basic 1A, MA</b>
6:15 - 7:30 <b>Co</b> <i>SB/IF</i>	6:15 - 7:30 <b>6</b> <i>YK</i>	5:15 - 6:30 <b>1</b> <i>MA</i>
7:30 - 8:30 <b>Co Pte,SB/IF</b>	7:30 - 8:30 <b>6 Pte,YK</b>	6:30 - 8:00 <b>Boys</b> <i>ES</i>

Wednesday		
A	B	C
10:30 - 12:00 <b>Open Int-Adv</b> <i>SL</i>	10:30 - 12:00 <b>Open Back to Basics</b> <i>HS</i>	
4:00 - 5:30 <b>4</b> <i>SL</i>	4:00 - 5:45 <b>3</b> <i>EB</i>	
5:30-6:00 4Pte SL		
6:00 - 7:30 <b>6 &amp; Co</b> <i>EB</i>	6:15 - 7:30 <b>5, SL</b>	
7:30 - 8:30 <b>6&amp;Co Var, EB</b>	7:30 - 8:15 <b>5 Pte, SL</b>	

Thursday		
A	B	C
9:00 - 10:15 <b>Open Cond, EB</b>		
10:30 - 12:00 <b>Open Beg-Int, EB</b>		
4:30 - 6:00 <b>5/6</b> <i>EB</i>	4:00 - 5:30 <b>4</b> <i>YK</i>	4:00 - 5:00 <b>Basic 2B, MA</b>
6:00 - 7:30 <b>Co (on Pte)</b> <i>YK</i>	6:15 - 7:15 <b>6 Enrich, TBA</b>	5:15 - 6:30 <b>1</b> <i>MA</i>
7:30 - 8:30 <b>Co Enrich, TBA</b>		6:30 - 7:30 <b>5 Pte, EB</b>

Friday		
A	B	C
10:30 - 12:00 <b>Open Int-Adv</b> <i>SL</i>		
4:00 - 5:30 <b>3</b> <i>EB</i>	4:00 - 5:30 <b>2 &amp; Char</b> <i>SL</i>	4:00 - 5:30 <b>Boys</b> <i>ES</i>
5:45 - 7:30 <b>6 &amp; Co</b> <i>SL</i>	6:15 - 7:45 <b>5</b> <i>EB</i>	
7:30 - 8:30 <b>Co Pte/Rep, SL</b>	7:45 - 8:30 <b>6 Pte/Rep, EB</b>	

Saturday		
A	B	C
9:00 - 10:30 <b>5</b> <i>ES</i>	9:00 - 10:30 <b>4</b> <i>SL</i>	9:00 - 10:00 <b>Basic 1C, MA</b>
10:30 - 11:15 <b>5 Char, ES</b>	10:30 - 11:15 <b>4 Pte, SL</b>	10:15 - 11:00 <b>Pre C, MA</b>
11:30 - 1:00 <b>Co</b> <i>SL</i>	11:30 - 1:00 <b>6</b> <i>ES</i>	11:15 - 12:15 <b>Basic 2C, MA</b>
1:15 - 2:15 <b>6&amp;Co Pte/Rep,SL</b>		

Sunday		
A	B	C
11:00 - 12:30 <b>Open Int-Adv</b> <i>ES</i>		

**CLASS KEY**

Adv = Advanced  
Beg = Beginning  
Boys = Boys' Class  
Char = Character  
Cond = Conditioning  
Enrich = Enrichment  
Int = Intermediate  
Pte = Pointe  
Rep = Repertoire  
Var = Variations

**FACULTY KEY**

EB = Emily Borthwick  
ES = Eddie Stegge  
HS = Hiroko Shibuya  
IF = Irina Friedland (pianist)  
MA = Maddie Alford  
SB = Shannon Bresnahan  
SL = Sherri LeBLanc  
YK = Yuko Katsumi

(Schedule as of 07/18/2022; subject to change.)