

STUDENT DIVISION

2003-2004 SCHOOL YEAR

SEPTEMBER 2 - JUNE 21

ADMINISTRATOR: Sue Mower

PIANISTS: Irina Friedland
Rudy Apffel

The Contra Costa Ballet Centre's program serves the development of its students from their first encounter with music and movement to their emergence as young dancers. The curriculum is carefully designed to introduce the correct technique and instruction at the appropriate age and physical development of the student. While many students may go on to pursue professional careers, the focus of training is on the excellence and joy of dance at each level of achievement. Classes are offered at eight progressive levels of achievement. With each level, as the young dancers gain proficiency and confidence, greater emphasis is placed on artistry and performance quality.

PERFORMANCE

All students are invited to perform in the Center's Spring Showcase held each June at the Diablo Valley College Performing Arts Center. Additional performance opportunities are available for intermediate and advanced level students who perform with the Contra Costa Ballet. The company offers annual Nutcracker performances and a spring repertoire season each year at the Regional Center for the Arts. The company and its activities are sponsored by the Contra Costa Ballet Foundation, a not-for-profit organization, whose goal is to foster and develop the art of dance in Contra Costa County.

FACULTY

The Contra Costa Ballet Centre offers students the opportunity to work with nationally and internationally respected faculty, each with years of experience as performers and instructors. In addition to directors Richard Cammack and Zola Dishong Cammack, the Student Division faculty includes: Diane de Freitas, Rachel Greenwood, Ashley Flaner and Charles Anderson. Each has been chosen for a selected area of expertise that provides the balance necessary for a total training program. Guest teachers are also brought in to teach the upper level dancers.

DRESS CODE

Ladies: Hair must be pulled back into a neat bun
Ballet I through 3 - Black Capezio Leotard, style #132C, Ballet Pink tights and pink ballet slippers
Ballet 4 through 8 - Black leotard, Ballet Pink tights and ballet slippers Ballet skirts, bulky sweaters and leg warmers are not allowed in class.

Gentlemen: Black tights, white T-shirt, white shoes and white socks

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Except for first year ballet, new students must schedule an audition for class placement prior to registration.

CLASS	SCHEDULE	CURRICULUM	INSTRUCTOR	MONTHLY TUITION
First year ballet for ages seven through ten. No placement class required.				
BALLET 1A	Wed 3:45 - 5:00	Technique	Diane de Freitas	55.00
BALLET 1B	Thurs 5:15 - 6:30	Technique	Ashley Flaner	55.00
BALLET 1C	Sat 12:30 - 1:45	Technique	Diane de Freitas	55.00
Second year ballet for ages eight through eleven.				
BALLET 2A	Mon 3:45 - 5:15	Technique	Rachel Greenwood	100.00
	Fri 3:45 - 5:15	Technique	Rachel Greenwood	
BALLET 2B	Mon 5:15 - 6:45	Technique	Ashley Flaner	100.00
	Wed 5:15 - 6:45	Technique	Ashley Flaner	
Third year ballet for ages nine through twelve.				
BALLET 3	Mon 5:30 - 7:00	Technique	Rachel Greenwood	145.00
	Thurs 5:15 - 6:45	Technique	Rachel Greenwood	
	Sat 9:15 - 10:45	Technique	Rachel Greenwood	
BALLET 4	Mon 6:45 - 8:15	Technique	Diane de Freitas	145.00
	Wed 3:45 - 5:15	Technique	Zola Dishong	
	Fri 5:15 - 6:45	Technique	Diane de Freitas	
BALLET 5	Tues 3:45 - 5:30	Technique	Zola Dishong	210.00
	Wed 6:45 - 8:15	Technique	Charles Anderson	
	Fri 3:45 - 5:15	Technique	Diane de Freitas	
	Sat 9:15 - 11:30	Technique & Pointe	Diane de Freitas	
BALLET 6	Mon 3:45 - 6:45	Technique & Pointe	Anderson/Anderson	310.00
	Wed 3:45 - 6:45	Technique & Pointe	Cammack/Dishong	
	Thurs 3:45 - 5:15	Technique	Rachel Greenwood	
	Fri 3:45 - 5:15	Technique	Charles Anderson	
	Sat 11:00 - 1:45	Technique & Pointe	Rachel Greenwood	
BALLET 7	Mon 3:45 - 5:45	Technique & Pointe	Zola Dishong	310.00
	Tues 3:45 - 6:45	Technique & Pointe	Greenwood & Dishong	
	Thurs 3:45 - 5:15	Technique	Richard Cammack	
	Fri 5:15 - 8:00	Technique & Pointe	Anderson/Greenwood	
	Sat 12:15 - 2:15	Technique	Dishong	
BALLET 8	Tues 5:15 - 8:00	Technique & Pointe	Kabaniaev/Dishong	310.00
	Wed 5:15 - 6:45	Technique	Charles Anderson	
	Thurs 5:15 - 8:00	Technique & Pointe	Anderson/Greenwood	
	Fri 5:15 - 6:45	Technique	Rachel Greenwood	
	Sat 12:15 - 2:15	Technique	Charles Anderson	

The above class schedule is the minimum requirement for each level. Additional classes are highly recommended for the serious student.

CONTRA COSTA BALLET CENTRE CALENDAR

FALL 2003

Tuesday, September 2 - Fall semester begins

Monday, November 3 through Saturday, November 15 - Parents observation classes

Thursday, November 27 and Friday, November 28 - CLOSED - THANKSGIVING

